Metallothioneins

Metallothioneins (MTs) are a class of cysteine-rich, low-molecular weight, metal-binding proteins that are widely found from single-cell organisms to humans [1]. They fold into two separate domains in the presence of certain metal ions [2]: a domain-with four ions and 11 cysteine residues, and a domain-with three ions and 9 cysteine residues [3]. MTs are mainly involved in cellular detoxification of heavy metals such as cadmium and mercury, and in the homeostasis of essential metal ions, e.g. zinc and copper [4]. They can serve as scavengers of free hydroxyl radicals or sources of zinc for DNA repair enzymes, so they are important in mammalian UV response [5]. MT levels in erythrocytes also provide a useful index upon which zinc status in humans can be assessed [6]. Considering their nutritional and toxicological significance, it is useful to quantitate MTs in tissues and other biological media. Several methods for the quantification of MTs in various tissues had been established, such as polarographic analysis [7,8], metal affinity methods (Cd-heme [9-11], mercury-trichloroacetic acid (TCA) [12,13], silver saturation [14]) and high-performance liquid chromatography (HPLC) / atomic absorption spectroscopy (AAS) [15-17]. Their detection limits are about 1 μg MT. We present a more simple, specific and sensitive technique, direct ELISA to quantitate MT in tissue cytosols. As little as 0.4 ng of MT can be determined. The ELISA is a direct binding assay.

At present, radioimmunoassay (RIA) [18] and enzyme-linked immunosorbent assay (ELISA) incorporating the fluorimetric detection system [19] had been reported for the assay of MT in extracellular fluids like plasma (serum) and urine. Application of RIA for MT had shown that its secretion into plasma and its excretion into urine are affected by many factors, including age, species, nutritional status, liver function and exposure to metals [20-22]. Erythrocyte MT appeared less responsive to stress and infection than plasma MT in experimental animals, so it may be a more stable indicators of zinc status in humans [6]. Recently, we describe a competitive ELISA for rabbit erythrocyte MT. The competitive ELISA is a competitive binding assay without the fluorimetric detection system, and it is safer and less time-consuming than the RIA.

## Materials and methods

### Materials

Male rabbits, 5 months old, were obtained from the animal centre of College of Life Sciences, Peking University. Tris (Hydroxymethyl) aminomethane, Tween-20, TMB (3,3',5,5'-tetramethylbenzidine), ablumin (bovine, Fraction V powder, 98-99 %) Sigma Co., USA; sheep anti-rabbit IgG-HRP, bovine serum ablumin (BSA) Hua Mei Co., China; DC Protein Assay Kit, Bio-Rad Co., USA; ZnSO₄ (content ≥ 99.0 %), Na₂CO₃, NaHCO₃, NaCl, KCl, Na₃HPO₄•12H₂O, NaH₂PO₄•2H₂O, KH₂PO₄, dimethyl sulfoxide (DMSO), 30 % H₂O₂, H₂SO₄, etc. used in this experiment are A.R. products made in China.

96 well ELISA plate, NUNC, F16, Denmark. Minireader, Tecan, Spectra Rainbow, Austria. Atomic absorption spectrometer, Philips, PU9200 model, United Kingdom.

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**Preparation of rabbit MT:**

On the basis of the purification of metallothionein (MT) from human fetal liver, the purified polyclonal antibody of rabbit anti-human MT-1 was prepared. Direct enzyme-linked immunosorbent assay (ELISA) for MT in rabbit tissues was established. Direct ELISA is a direct binding assay. Its sensitivity is 0.4 ng (4 ng/ml). MT contents of control rabbit liver and kidney are 240 μg/g and 200 μg/g wet weight tissue, respectively. MT contents of high induction rabbit liver and kidney are 3130 μg/g and 3570 μg/g wet weight tissue, respectively. Competitive ELISA for MT in erythrocyte lysate was determined. Coating concentration is 20ng/ml; antibody dilution is 1:2000; competitive MT concentrations are 40-2500 ng/ml. Its sensitivity extends to 2 ng (40 ng/ml). MT concentration in the control rabbit erythrocyte lysate is 10.52 μg/g total lysate protein; it is 43.16 μg/g total lysate protein in the low induction group, and 94.93 mg/g total lysate protein in the high induction group.

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**Introduction**

Metallothioneins (MTs) are a class of cysteine-rich, low-molecular weight, metal-binding proteins that are widely found from single-cell organisms to humans [1]. They fold into two separate domains in the presence of certain metal ions [2]: α-domain-with four ions and 11 cysteine residues, and δ-domain-with three ions and 9 cysteine residues [3]. MTs are mainly involved in cellular detoxification of heavy metals such as cadmium and mercury, and in the homeostasis of essential metal ions, e.g. zinc and copper [4]. They can serve as scavengers of free hydroxyl radicals or sources of zinc for DNA repair enzymes, so they are important in mammalian UV response [5]. MT levels in erythrocytes also provide a useful index upon which zinc status in humans can be assessed [6]. Considering their nutritional and toxicological significance, it is useful to quantitate MTs in tissues and other biological media. Several methods for the quantification of MTs in various tissues had been established, such as polarographic analysis [7,8], metal affinity methods (Cd-heme [9-11], mercury-trichloroacetic acid (TCA) [12,13], silver saturation [14]) and high-performance liquid chromatography (HPLC) / atomic absorption spectroscopy (AAS) [15-17]. Their detection limits are about 1 μg MT. We present a more simple, specific and sensitive technique, direct ELISA to quantitate MT in tissue cytosols. As little as 0.4 ng of MT can be determined. The ELISA is a direct binding assay.

At present, radioimmunoassay (RIA) [18] and enzyme-linked immunosorbent assay (ELISA) incorporating the fluorimetric detection system [19] had been reported for the assay of MT in extracellular fluids like plasma (serum) and urine. Application of RIA for MT had shown that its secretion into plasma and its excretion into urine are affected by many factors, including age, species, nutritional status, liver function and exposure to metals [20-22]. Erythrocyte MT appeared less responsive to stress and infection than plasma MT in experimental animals, so it may be a more stable indicators of zinc status in humans [6]. Recently, we describe a competitive ELISA for rabbit erythrocyte MT. The competitive ELISA is a competitive binding assay without the fluorimetric detection system, and it is safer and less time-consuming than the RIA.
Methods

A total of 6 rabbits were participated: 2 in the control (uninduced) group, 2 in the low induction group and 2 in the high induction group. Induction of rabbit MT was conducted by the following two groups. In the low induction group, rabbits were injected subcutaneously with ZnSO₄. The dose of Zn²⁺ was 10.0, 20.0, 50.0, 100.0, 150.0 mg/Kg body weight after 1, 3, 5, 8, 10, 12, 15 days, respectively. In the high induction group, the induction of rabbit MT was performed in the same conditions as above through progressive increasing in Zn²⁺ dose, i.e. 10.0, 20.0, 50.0, 100.0, 150.0, 200.0, 250.0 mg/Kg body weight, respectively. On the sixteenth day 6 rabbits were killed. Livers and kidneys were collected from rabbits. Venous blood samples were drawn in trace elements-free-evacuated tubes containing 0.13 M sodium citrate for the preparation of erythrocytes. The erythrocytes were separated by centrifugation at 3000 rpm for 10 minutes. After inverted several times, the tubes were centrifuged again, and this process was repeated twice. The washed cells were lysed by addition of ice-cold doubly distilled H₂O (1:1.4). All samples were stored at –80 °C.

Human metallothionein purification

Human foetal liver samples were obtained from the Fourth Military Medicine University in China. Preparation of crude fraction was described previously [23]. The lyophilized crude fraction was dissolved in 20 ml 10 mmol/L Tris-HCl (pH 8.6) and applied to a 2.5 x 90 cm column of Sephadex G-75 equilibrated with the same buffer. Zinc and copper were determined by atomic absorption spectrophotometry at 213.9 and 324.8 nm, respectively. Fractions containing Cu and Zn were pooled, and then applied to DEAE Sepharose Fast Flow (3.2 x 10 cm). The column was eluted with a linear gradient from 0.01 to 0.25 mol/L Tris-HCl (pH 8.6). Fractions containing the two isoforms were pooled separately and then concentrated samples were conducted on a column of Sephadex G-25 (1.8 x 50 cm). Finally, the effluents to be collected were lyophilized to obtain the freeze-dried MT-1 and MT-2. MT-1 prepared by this way was used to produce anti-human MT-1 antiserum.

Production of rabbit anti-human metallothionein-1 IgG

1 mg of purified human MT-1 was added to 2 mg of rat IgG in the 1 ml of 50 mmol/L sodium phosphate buffer (pH 7.4), and followed by 3.8 μl of 25 % (wt/vol.) glutaraldehyde. The mixture was incubated for 2 hours at 23 °C, and then overnight at 4 °C after the addition of 1.4 ml of 50 mmol/L sodium phosphate buffer (pH 7.4). Just before injection, the milky suspensions were prepared from the mixture of rabbit MT-1 (400 μg) with the equal volume of complete Freund's adjuvants. The rabbits were received multiple intradermal and intramuscular injections. Booster injections were given a month after the initial injection using the mixture of rabbit MT-1 (200 μg) and incomplete Freund's adjuvants (1:1), and this was repeated 21 days later. The titre of antibody was tested after a week. Blood was collected and allowed to clot for 2 hours at room temperature, then centrifuged at 2500 rpm for 20 minutes to obtain serum. This antiserum was stored at –80 °C.

2 ml of antiserum was diluted with 10 vol. of the combination buffer (10 mmol/L NaH₂PO₄, 0.15 mol/L NaCl, pH 8.2) and then applied to a 1.4 x 2.8 cm column of protein A agarose [24]. The fractions containing peak absorbency at 280 nm (rabbit anti-human MT-1 IgG) were pooled and dialyzed for 24 hours against 10 mmol/L PBS, pH 7.4.

Direct ELISA procedure

Preparation of heat-treated liver and kidney cytosols was described previously [24]. Dilutions were from 50,000-fold to 100,000-fold for the heat-treated cytosols above with the coating buffer for the direct ELISA. The negative control lacking any antigen was set [25].

Carbonate-buffered saline solution (50 mmol/L, pH 9.6) was used for coating the ELISA plates. As a washing buffer, it contained phosphate-buffered saline solution (PBS, 10 mmol/L, pH 7.4) and 0.5 % Tween 20. Bovine serum albumin (3 %) was added to the washing buffer as blocking solution and diluting buffer. 100 μl of serial dilutions of purified rabbit MT-1 standard (4 ~ 20 ng/ml) in the coating buffer, negative control (coating buffer) and unknown samples were respectively added to each well of 96 well microplates overnight at 4 °C, and then washed three times. Blocking solution was added (300 μl/well) and incubated for 1 hour at 37 °C to block nonspecific binding sites. Solutions in each well were discarded. 100 μl of rabbit anti-human MT-1 IgG (1:4000) were placed to each well and incubated for 2.5 hours at 37 °C, and followed by washing three times. 100 μl goat anti-rabbit IgG-HRP(1:1000) was added to each well. The plates were incubated for 1 hour at 37 °C and then washed with the washing buffer three times and with doubly distilled H₂O twice. 100 μl of the enzyme substrate solutions (phosphate buffer, 0.1 mol/L, pH 6.0: TMB, 6.0 mg/ml DMSO: 30 % H₂O₂=100:1.0:0.15) were added to each well and followed by 15 minutes incubation at 37 °C. The reaction was stopped by addition of 2 mol/L H₂SO₄ and optical densities (O.D.) were read at 450 nm by using an automatic minireader (Tecan).

Competitive ELISA procedure

The competitive assay was performed as previously described [24]. We optimised for coating concentrations for rabbit MT-1 and rabbit anti-human MT-1 IgG. OD₁₅₀ were measured when four rabbit anti-human MT-1 IgG dilutions (1000 ~ 8000-fold) and five rabbit MT-1 coating concentrations (10, 20, 50, 100, 200 ng/ml) were added to each well with competing rabbit MT-1 concentration equal to zero. 20 ng/ml:1:2000, 50 ng/ml:1:1000, 50 ng/ml:1:4000, 100 ng/ml:1:4000 (coating concentration/antibody dilution) were chosen for subsequent measurements. Competing rabbit MT-1 concentrations from 40 to 2500 ng/ml produced approximate linear changes in percent binding. Protein concentrations of the erythrocyte lysate were determined by DC.
Protein Assay Kit [26]. 0.3-1.8mg/ml albumin was used as standards in the protein assay. Appropriate dilutions of erythrocyte lysate were used to competitive assay.

**Results and discussions**

**Human metallothionein purification**

Gel filtration chromatography of crude fraction of human embryo livers shows that the major Zn, Cu-containing fractions were predominantly MT (Fig. 1). Furthermore, human MT-1 and MT-2 isoforms were isolated and purified by DEAE-Sepharose Fast Flow. MT-1 peak containing Zn and Cu, MT-2 peak containing Zn only (Fig. 2). Amino acid composition of MT-1 was determined and the result was as expected.

**The reaction specificity of Rabbit anti-human MT-1 polyclonal antibody**

HRP-labeled MT-1 polyclonal antibody raised in rabbit had been produced for ELISA. Figure 3 shows that the rabbit anti-human MT-1 polyclonal antibody does not cross-react with BSA, Hb and MT from snails; on the contrary, this antibody cross-reacts well with MT from rabbits, rats, hedgehogs and humans. This disparity is probably attributable to species difference because the antibody is specific for mammal MTs. Similar results were reported by Arthur using the human MT-1 ELISA to purified human MT-2 and rat MT-1 isoforms [24].

**Use of direct ELISA to quantitate rabbit tissue metallothionein**

Although ELISAs had been used for the quantification of MT [24,25,27], they are almost competitive binding assays. In this report, the direct ELISA is a direct binding assay. An unknown antigen or MT standards in the solid phase directly binds with a primary antibody. Its sensitivity is 0.4 ng (4 ng/ml). It is more simple, specific and sensitive than polarographic analysis, metal affinity methods and HPLC/AAS. Determination of MT concentration in crude tissue fractions had been established. Figure 4 showed the relationship between serial dilutions of purified rabbit MT-1 concentrations (4-20 ng/ml) and O.D. values at 450 nm. Concentrations obtained from serial dilutions of heat-treated liver and kidney cytosols were deduced by the above standard curve (Fig. 4). Results from the control and high induction group are shown in table I. The MT levels in the control rabbit liver and kidney are 240 µg/g wet weight tissue and 200 µg/g, respectively.

It was reported that MT levels in the normal human liver was 1035 ± 214 µg/g [24], 18 µg/g in the normal rat liver [28]. The disparity is probably attributable to species difference. This fact that MT levels in human tissues and fluids are higher than generally observed in the rat has been demonstrated by others for normal human livers [29,30].
It was guessed that rabbit species status lies between humans and rats, so MT level in the control rabbit liver is lower than that in the normal human liver, and higher than that in the normal rat liver. We prefer to use direct ELISA for estimation and quantification MT in crude tissue fractions, and this ELISA is also applicable in quantifying MT from freeze-drying powder.

Use of competitive ELISA to determine metallothionein from erythrocyte lysates

Determination of MT concentration in urine and blood has been found to be faced with difficulties which have not been encountered in tissue analyses. It is likely due to low MT concentration in them and difficult for MT to coat directly on ELISA plates, so we develop the competitive ELISA for erythrocyte lysate MT. ELISAs reported previously for MT have sensitivities of 100 pg for fluorometric ELISA [19] and 15 ng for ELISA [6] with alkaline phosphatease detection system. The sensitivity obtained by the rabbit erythrocyte lysate MT ELISA in this report was 2 ng (40 ng/ml). The sensitivity does not extend to the range obtained by fluorometric ELISA, but this assay is sensitive enough to quantify MT in the erythrocyte lysates. Therefore, this competitive ELISA could be used to assess zinc status in humans.

The optimal concentrations of rabbit MT-1 and rabbit anti-human MT-1 IgG concentrations used for the assay were determined experimentally (Fig. 5). Figure 6 shows that the coating concentration of 20 ng/ml and antibody dilution of 1:2000 with competitive rabbit MT-1 concentrations from 2-125 ng (40-2500 ng/ml) can produce approximate linear changes in percent binding. To determine MT concentrations of unknown samples, data were transformed (logit Y) (Fig. 7). Protein concentrations of the erythrocyte lysates were determined (Tab. II) by an albumin standard.
Figure 7. A purified rabbit MT-1 standard curve after logit Y transformation: log10 ([100 \times Ae]/[At – Ae]), where Ae is the absorbance of any MT standard and At is the total absorbance.

Figure 8. An albumin standard curve for protein concentration.

Table III. MT concentrations in rabbit erythrocyte lysates.

<table>
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<tr>
<th></th>
<th>control</th>
<th>Low induction group</th>
<th>High induction group</th>
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<tbody>
<tr>
<td>MT concentration (μg/g total lysate protein)</td>
<td>10.52</td>
<td>43.16</td>
<td>94.93</td>
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Values are expressed as means (n = 2).

curve (Fig. 8). Table III shows that erythrocyte MT concentration in the control group averaged total lysate protein, it in the low induction group increased 4-fold (from 10.52 μg MT/g to 43.16 μg MT/g protein) and it in the high induction group increased 9-fold (from 10.52 μg MT/g protein to 94.93 μg MT/g protein). Arthur et al. reported that the normal human erythrocyte MT concentration averaged 40–6 μg MT/g protein(SE), and it increased 7-fold (from 40 ± 6 μg MT/g protein to 273 ± 85 μg MT/g protein) by 7 days of supplementation at 50 mg of zinc per day [6]. The disparity is probably attributable to species difference [6], zinc induction dose and induction time.

All these results show that direct ELISA can be used to quantify MT in rabbit tissues by induction of zinc; competitive ELISA can be used to determine their erythrocyte MT.

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References